



# ***This week's Lunar phase influence***

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"The moon is the accomplice of all things related to the heart." -Walter Mercado

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This week we are being strongly influenced by the First Quarter Moon in the sign of Leo that arrives tomorrow (15<sup>th</sup>), it brings a radiant energy that urges us to embrace self-actualization... the precious journey towards fulfilling our true purpose in life.

This moon phase invites us to engage with our deeper selves, echoing the psychological concept of self-actualization, which is considered the pinnacle of personal growth and fulfillment in human psychology.

Leo, ruled by the Sun, naturally seeks the spotlight, not out of vanity but as a profound expression of one's authentic self. This moon phase encourages you to ask: What are my unique talents and passions? How can I express these in a way that feels true to who I am?

This is a time to shine brightly, to honor your individuality by bringing forth your personal creative endeavors whether they be in the arts, in business, or in personal relations.

The square between the Moon in fiery Leo and the Sun in earthy Taurus presents a dynamic challenge: it calls for a balancing between the pursuit of personal triumph and the need for stability and security. This tension may manifest as a struggle between your desire for recognition and your responsibilities. This energy provides a cosmic push and pull between following your heart and meeting your practical needs, a key aspect of navigating the path toward self-actualization.



During this First Quarter Moon, you might feel a surge of energy towards pursuing new projects or revitalizing old ones that deeply resonate with your true self. Leo's flair for the dramatic paired with Taurus's persistence provides fertile foundations for not only initiating creative projects but also seeing them through to completion.

In relationships, this Moon phase encourages you to remain true to yourself while being mindful of your connections with others. Leo's warmth and generosity in love are legendary, but this lunar influence asks you to ensure that your relationships are reflections of your true self. Are your social and romantic connections and interactions helping or hindering your journey towards self-actualization?

Additionally, self-actualization under this Moon phase is not just about reaching new heights in our personal and professional life but also about deepening our understanding of ourselves.

Like the lion, which is both a symbol of courage and a creature of the wilderness, you are encouraged to explore both the cultured and untamed parts of your psyche. This exploration can lead to greater authenticity and a more profound expression of your core identity.



If you enjoyed the guidance in this report, I encourage you to check out the ***Inner Wisdom Academy Community Membership*** which provides support and guidance for YOUR spiritual & intuitive development... it is focused upon uplevelling your self-awareness, self-acceptance and manifestation skills as well as crafting your best flavor of sacred self-care.

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Much Love and Many Blessings,

*Moira*

